



## Senior Home Care Services

Everyone shares similar concerns about health care for our parents, grandparents and loved ones as they reach retirement age and beyond. Perhaps your mother gets confused and can't keep her doctor appointments and medications straight. Or your dad seems depressed and doesn't enjoy fishing anymore. Maybe your grandmother suffering from Alzheimer's needs regular attention while you're at work. That's when Bella Home Care can come into the home and be the caregiver for you.

We provide assistance with:

- Bathing
- Grooming
- Dressing
- Activities of daily living
- Incontinence care
- Medication reminders
- Exercises
- Feeding
- Meal preparations
- Toileting
- Client's laundry
- Light housekeeping
- Transportation
- Shopping/errands
- Companionship
- Progress reports (periodically to family members if desired)

## Our services

Bella Home Care® is committed to providing high-quality, compassionate care. Our medical training and health care background means that your loved one will be in good hands. Our wide range of services, coupled with the friendly demeanor of our dedicated staff, ensures the best experience possible for you and your loved one.

Bella Home Care® offers a wide range of plans, each tailored to meet your unique needs. Bella Home Care is proud to offer the following services:

- Hourly Care
- 24/7 Multiple Shift Care
- Live-In Care
- Weekends & Holidays
- Specialized care for clients with Alzheimer's and other illnesses

### Quality Assurance

- Licensed in Virginia
- Experienced caregivers
- Comprehensive background investigation including criminal checks
- Agencies bonded and insured

Bella Home Care® also supports families and friends with the following services:

- Care giving education
- Respite care for family and caregivers
- Community support and resources
- Planning of care and evaluation of needs
- Ongoing assessment
- Equipment, medication, and medical service referral
- Emotional support



## Our goal

Our goal is to support clients who want to remain in their own homes, provide respite to caregivers, and improve our clients' ability to manage independently through the use of trained home care aides, professional administrators, and qualified nurses. We have a strong commitment to providing services for those who need our services.

Please contact the staff of Bella Home Care at 703-323-4912 or by e-mailing [info@bellahomecare.com](mailto:info@bellahomecare.com) at any time. We will be pleased to discuss your questions about our programs or services and to develop a program tailored to meet your family's needs.

